

WHARF ONE CAFÉ CAIRNS



BREAKFAST - UNTIL 11.30



Banana & Date Bread - toasted w/butter	6
Fig & Fruit Loaf - toasted w/butter (vegan avail)	8
Wharf One Granola Bowl - honey baked house made granola, Mungalli Creek natural yogurt and tropical fruit (gf)	16
Buddha Bowl - w/avocado, sautéed mushrooms, kale, seeds, nut free dukkha, hummus & two poached happy eggs (gf/v)	18
The One – one potato rosti w/sugarcane cured salmon, avocado, Mungalli Creek quark, crispy capers & one perfectly poached happy egg (gf)	16
Broken Eggs – two folded happy eggs on Dino's toasted ciabatta w/ local avocado, Mungalli Creek quark, balsamic glaze & pickled red onion (v)	16
The 'Avo' - crushed local avocado w/ Mungalli Creek quark, toasted seeds, balsamic glaze & pickled red onion on Dino's toasted ciabatta (v/vegan avail)	16
Eggs Benedict – two perfectly poached happy eggs, lime hollandaise & Dino's toasted ciabatta	
- w/sauteed spinach	16
- w/Marsh's smoked leg ham or bacon	18
- w/sugarcane cured salmon	21
Brekky Burger – fried happy egg, bacon, spinach, hollandaise on a seeded butter bun with a crispy potato rosti and side of Bloody Mary sauce	21
Two Happy Eggs on Toast – poached scrambled or fried on Dino's woodfired ciabatta. Add good stuff from below	11

ADD-ONS (if just ordering add-on as a meal - add \$5)

Poached egg	3 (or 2 for 5)
Sauteed spinach or mushrooms	4
Local avocado or potato rosti	4
Marsh's smoked leg ham or bacon	5
Sugarcane cured salmon	6
Buttermilk poached chicken	6

TOASTIES & WRAPS - ALL DAY

Eggs Benny Wrap - two poached happy eggs, smoked leg ham, spinach, hollandaise & cheese	14
Vegan Wrap - roast vegetables, hummus, pumpkin, quinoa and bush tomato chutney	14
Chicken Wrap - buttermilk poached chicken, pumpkin, spinach, mayo	16
Classic Toastie - w/smoked leg ham, melted cheese, and tomato on Dino's wood fired ciabatta with a side of Bloody Mary sauce	12
Classic BLT - w/Marsh's bacon, lettuce, tomato and aioli on Dino's wood fired ciabatta	12
- add avocado	16

LUNCH - FROM 11.30

(Monday - Friday lunch special – any lunch dish with house beer, wine, soft drink or coffee \$25)

Harvest Bowl - roast pumpkin, sauteed mushrooms, spinach, avocado, roast capsicum, quinoa, toasted seeds & hummus with bush tomato chutney (gf/v)	18
- add buttermilk poached chicken (gf)	6
- add sugarcane cured salmon (gf)	6

Wharf One Beef Burger – all beef pattie, bacon, aged cheddar, lettuce, tomato, house made pickle and aioli with chips and side of Bloody Mary sauce	22
Chicken Karaage Burger - Japanese fried chicken, avocado, slaw, sweet chilli mayo with chips	22
Fish 'n' Chips - ginger beer battered local Spanish mackerel with chips, salad & house made tartare (gf)	22

Salmon Rosti - potato rosti stacked with sugarcane cured salmon, Mungalli quark, avocado, spinach and crispy capers (gf)	22
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Lemon Myrtle Calamari – deep fried calamari rings with lemon myrtle seasoning, chips, salad & house made tartare (gf)	22
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Chips (gf/v)	8
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1.65% surcharge on all credit card payments

LITTLE PEOPLE'S FOOD (14 & under)

- all kids meals served with a piece of fruit

Kids Ham 'n' Cheese Toastie	7
Kids Fruit Bowl – fresh fruit, yoghurt, honey	8
Green Eggs & Ham – avocado, egg & ham on toast	10
Kids Rosti – ham, egg & crispy rosti	10
Kids Fish 'n' Chips – battered Spanish Mackerel, chips and tartare sauce (gf) – avail 11.30	12

LITTLE PEOPLE'S DRINKS (14 & under)

Kids Milkshakes – choc, strawberry, vanilla or caramel	5
Kids Smoothies – berry, banana or mango (just fruit, yoghurt & milk)	6
Babycino – simple (choc) or fancy (marshmallow, cookie, choc and sprinkles)	1/2



HOOKED ON SWEETS – HOUSE MADE

(check out the display)

Lime & coconut slice	5
Muffin selection	5
Gluten free choc brownie	6
Lime, yoghurt & vanilla cake	6

ICED DRINKS

Iced Coffee – espresso, milk & ice cream	8
Iced Chocolate – chocolate, milk & ice cream	8
Coco Noir – espresso, ice, coconut water	8
Iced Long Black – espresso, ice, water	5
Iced Chai – chai tea mix, ice, milk	6
Cold Latte – espresso, ice, milk	6
Parisian Vanilla Iced Tea – w/fresh lime	6
Hibiscus Lemon Iced Tea – w/fresh lime & berries	6



NAUGHTY CORNER – AFTER IDISH

Smokey J's Bloody Mary - vodka, smokey spice mix & tomato juice garnished with smoked ham, lime, pickles and paprika salt	16
Mimosa – champers & freshly squeezed OJ	13
Beers, Wines & Spirits – check the selection in the fridge	

SMOOTHIES, SHAKES & JUICE

Milkshakes – chocolate, strawberry, vanilla, caramel or coffee – with ice cream & milk	8
Orange Juice – squeezed to order	8
Organic Banana Smoothie – w/yoghurt, cinnamon, honey & milk	8
Dirty Monkey Smoothie – banana, espresso & milk	10
Local Mango Smoothie – w/yoghurt & milk	10
Tropical Smoothie – mango, organic banana, lime and orange juice (dairy free)	10
Mango Lush Smoothie – mango, pineapple juice & honey (dairy free)	10
Green Smoothie – kale, banana, mango & coconut water (dairy free)	10
BCB – banana, coconut water, berries (dairy free)	10

BEANS – 100% ORGANIC, LOCALLY ROASTED

Flat white, latte, cappuccino, long black, piccolo, espresso, mocha, hot choc, etc...	small	4
	large	5

Milks – full cream, low fat, lactose free, almond, soy



LEAVES – TEA DROP

English Breakfast	4
Lavender Grey	4
Ceylon Strong	4
Honeydew Green	4
Peppermint	4
Malabar Chai	4
Chai Latte – Wharf One's own spice mix	6

THE PRODUCERS

Wharf One Café is proud to buy directly from the following local producers

Zingo Mango Farm
Rabbit Organic Bananas
Mungalli Creek Biodynamic & Organic Dairy
Dino's Woodfired Bakery
Yamagishi Happy Eggs

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